



YOUTH ORGANISATION SINCE 2015

Reasonable Force Policy

Reviewed: 2026

Policy Statement

At Aspire in Arts, we are committed to providing a safe, nurturing, and supportive environment for all children, staff, and visitors. Our approach prioritises de-escalation, positive relationships, and proactive behaviour support strategies.

This policy outlines our position on the use of reasonable force and physical intervention within our Alternative Provision setting.

1. Use of Reasonable Force

Staff at Aspire in Arts do not use reasonable force or physical intervention as part of our behaviour management approach. Staff are not trained in the use of physical restraint, and as such, physical intervention is not considered a safe or appropriate response within our setting.

2. Managing Unsafe Situations

We recognise that, in rare circumstances, a child's behaviour may pose a risk to themselves, to others, or to property. In such situations, our priority is to safeguard all individuals while adhering to the boundaries of our training and responsibilities.

If a child becomes unsafe to themselves or others:

- Staff will implement de-escalation techniques in line with our Behaviour and Safeguarding policies.
- The area will be made as safe as possible, and other children or staff may be removed from immediate risk.
- If the risk cannot be managed safely by staff, the relevant emergency services (e.g. police, ambulance) will be contacted without delay.
- Parents, carers, and other professionals (e.g. social workers) will be informed as appropriate.
- An incident report will be completed, and the Designated Safeguarding Lead (DSL) will review the incident to consider any further actions or support required.

3. Safeguarding and Duty of Care

Our duty of care includes taking reasonable steps to protect the welfare of all individuals in our setting. While staff do not use physical restraint, they remain vigilant and act in line with safeguarding procedures to minimise harm.

2025/26

All staff are trained in safeguarding and behaviour support strategies, with a focus on prevention, communication, and emotional regulation.

4. Review and Monitoring

This policy will be reviewed annually or following any significant incident, guidance change, or training development. Feedback from staff and stakeholders will inform any updates.